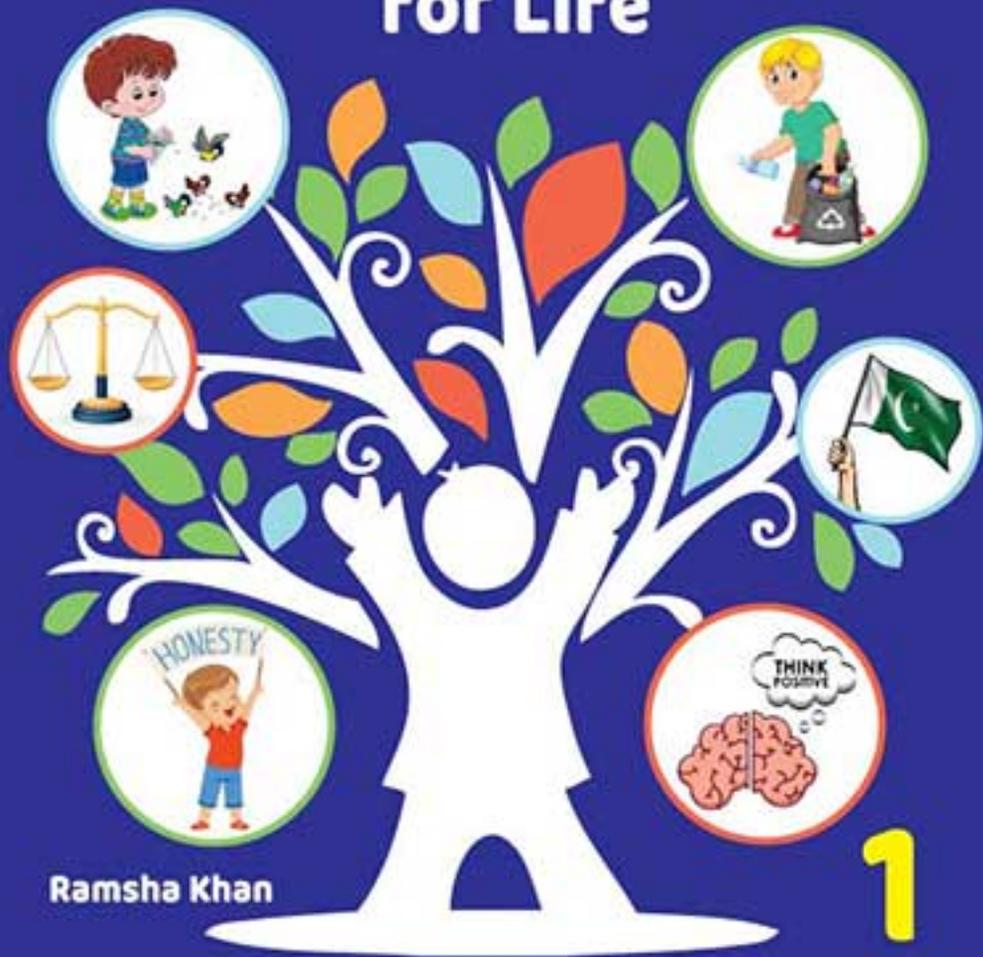




# ETHICAL VALUES

## for Life



Ramsha Khan

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# GRATEFULNESS

**Keywords**

thankful, grateful, blessings, school, home, food, family, friends

## What is Gratefulness?

**Gratefulness** means to warmly or deeply appreciate others for their kind efforts.



### I Am Grateful for

I am **Grateful** for pets

I am **Grateful** for school

I am **Grateful** for when I can swim in a pool

I am **Grateful** for home

And the food that I eat

I am **Grateful** for all the new friends that I meet

I am **Grateful** for health

and for my family

I am specially **Grateful**

that I am just ME!

-Anonymous



## Read and Enjoy!

## Umar's Prayer

**Mama:** Umar, why are you still awake?

**Umar:** Ma, I can't sleep.

**Mama:** Did you say your prayers?

**Umar:** No, Ma.

**Mama:** That's why you can't sleep. Come on, let's pray together.

**\*Umar recites the Duas that he recites every night\***

**Mama:** Very good, my dear son. Now what do we say next?

**Umar:** We Thank God for His blessings!

**Mama:** Very good Umar! Now go on and say your Thanks...



# HONESTY

## Keywords

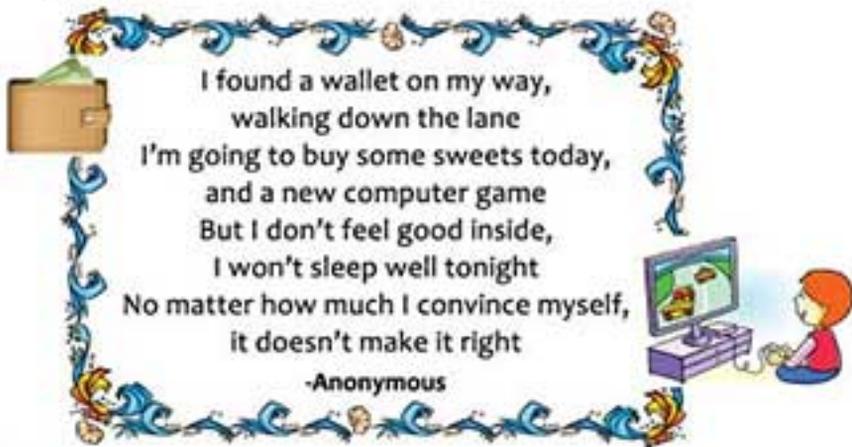
honesty, upright, fair, dishonesty, lie, steal, thief, promise, punished

## What is Honesty?

**Honesty** is the quality of being honest, upright and fair.

**Dishonesty** is the lack of honesty.

 Let's read this poem about **Honesty** and find out what the boy should do!



I found a wallet on my way,  
walking down the lane  
I'm going to buy some sweets today,  
and a new computer game  
But I don't feel good inside,  
I won't sleep well tonight  
No matter how much I convince myself,  
it doesn't make it right  
-Anonymous

## Choose!

What should this child do with the wallet he found?

He should:

- use the money to buy gifts for himself
- put the wallet back where he found it
- tell his parents, and seek their advice



## What would you do?



In the situations given below, tick the actions that are **Honest**.

1. You are at a superstore and you see your favourite candy bar but you don't have enough money to buy it.

- You put the candy bar in your pocket when no one is looking
- You wait until next time when you have enough money to buy it



2. You really like a friend's toy at his/her house. What do you do with it?

- You slip the toy in your backpack without him/her noticing
- You ask him/her to borrow the toy to play for a few days



3. You broke your mum's favourite vase. She asks how it happened.

- You tell her it was your fault
- You say you don't know what happened



# SHARING

**Keywords**

give, care, share, helping hand, concerned, pleasure, reward



## Sharing is Caring



To show you care for someone,  
is to lend a helping hand

A need to be concerned,  
for every woman, child and man

Share whatever you can,  
to help someone in need

Then you will be happier,  
and a better person indeed

Sharing is caring when given,  
from the heart with pleasure

The good returns are many,  
and the rewards are without measure

Patricia Grantham



## Making New Friends!

 Let you and your friends share something about yourselves with each other. This way you would get to know each other better!

Take a piece of paper and write down some of your favorite things like:

- your favourite animal
- your favourite colour
- your favourite food
- your favourite game
- what you would like to become when you grow up

Turn by turn, share your information with the whole class.

If you find that some of your classmates share the same interests as you, you might make new friends!



**THE MORE WE SHARE,**   
**THE MORE WE HAVE.**

## About the Series

**Ethical Values for Life** for levels 1 through 5 has been specially designed with the aim to present ethical and moral values that develop a child's character. Through this set of books, students will gain experience of ethical reasoning and critical thinking. It is hoped that the students will not only acquire the knowledge of ethics, but they will also learn the skills to practice moderation in every aspect of life. The pedagogical elements are framed to develop the knowledge, values and attitude necessary to become a better and responsible person. The topics covered in this series will help to develop important aspects such as; sense of self, generosity and integrity, civic sense and contentment in life.



Helpline

+923363-008-008

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write us at: [info@bookmark.com.pk](mailto:info@bookmark.com.pk)

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